

## PRAYER RESPONSE



### The Steps To Freedom In Christ



## Resolve Personal And Spiritual Conflicts

*This section is designed to give you some background information on The Steps To Freedom In Christ. It is adapted with permission from Break Free, Stay Free by Steve Goss.*

*The Steps To Freedom In Christ* (The Steps) is a tool that Christians can use to take back any ground that has been given to the enemy by resolving personal and spiritual conflicts. It is a kind and gentle process contained in a separate booklet by Dr. Neil T. Anderson. You will be totally in control. I think you will love it!

I have been dismayed to hear that some churches (thankfully a small minority) loved the teaching sessions in the course but have not seen the need to take people through *The Steps To Freedom In Christ*. They have fallen for the Western worldview which predisposes us to think that good teaching alone is all that is needed for people to know the truth. Although some people are impacted and changed simply by hearing the truth of who they now are in Christ, the reality is that, if we leave in place the means the enemy has of interfering with our thinking, over time that gain is likely to be eroded. For others, although they may enjoy the sessions and appreciate the teaching, if they do not then go on to close doors open to the enemy to influence their minds, it is unlikely to have any lasting effect.

What are these personal and spiritual conflicts? As we have seen, Ephesians 4:26-27 says: "In your anger do not sin: Do not let the sun go down while you are still angry, and do not give the devil a foothold."

If we allow anger to lead us into sin, we give the devil a "foothold" in our life. That word "foothold" is "topos" in Greek and literally means a "place." If Satan can lead us into sin, he can gain a "place," a point of influence in our lives. In terms of the battle for the mind, he gains some influence in our thinking. Those footholds seem to give him the ability to blind us to truth in much the same way as he blinds the minds of unbelievers (see 2 Corinthians 4:4).

That is the reason why we sometimes simply cannot grasp truth or hold on to it, why it seems to slip through our fingers.

I remember the first time this was brought home to me. I was taking someone through The Steps who looked like a normal, educated person with good eyesight. When I asked them to read the opening prayer, they stared at it for some time and

declared that they could not read the words on the page. What was happening? Spiritual interference. There were so many points of influence for the enemy in that person's mind, that he was using them as best he could to prevent the process taking place. He was ultimately unsuccessful, of course, and at the end of the process, just to demonstrate the difference, I got them to read the prayer again, which, of course, was something they could do very easily once they had resolved the outstanding issues.

How are those issues resolved? Very simply and undramatically. The process is based on James 4:7: "Submit to God. Resist the devil and he will flee from you."

During *The Steps To Freedom In Christ*, you start by asking the Holy Spirit to show you any footholds that the enemy has in your life through past sin. As He shows you, you choose to repent and renounce and, because your power and authority in Christ is much greater than the enemy's, his right to influence you is taken away.

Having submitted to God, at the end of the process you command the enemy to leave your presence. Because you have dealt with the issues that the Holy Spirit has revealed to you, the enemy will have no option but to flee from you.

It is a kind and gentle process. You are in control and the outcome is in your hands. It's just between you and God. If you deal with everything the Holy Spirit shows you, at the end of the process you will be free in Christ. The Steps don't set you free, Jesus Christ does.

The Steps is simply a tool to help you cover the whole of your life history in one comprehensive session. It is something that I try to do once a year — it always amazes me how much rubbish I can accumulate in that time!

The *Freedom In Christ Course* lasts ten weeks. Do you know how long the early church spent discipling new converts? Three years! Most of that time was spent helping them deal with the kind of issues that are covered in The Steps. I would hate to think that people would treat this as some kind of one-off "program" that they can go through and say "Been there, done that." The real benefit comes when Christians get hold of the principles behind The Steps and take them deep into their lives so that taking hold of freedom and standing in it simply become part of how we live.

## What Do The Steps Cover?

The Steps is an opportunity to put everything on the table before God at one time and ask Him to reveal anything that the enemy might be able to use to hold us back.

Let's run through the areas covered by The Steps to see what sort of sin can give ground to the enemy.

### The Occult

The enemy may well have tempted you in the past to take part in an occult practice, often as "a bit of fun." However, in participating in that, no matter how it was dressed up, you were asking for guidance from the enemy. In the Old Testament, this was seen as such a serious issue that people who gave false guidance were to be stoned to death, and those who consulted them also faced stiff measures. There are similar warnings about false teachers and false prophets in the New Testament.

The issue at stake in The Steps is not your salvation but your fruitfulness as a Christian. Remember that you are in a battle against one who cannot do anything about the fact that you now belong to Christ but can attempt to make you a spiritual casualty, a Christian who does not bear fruit. Satan will use any means he can to hold you back. If he can find a way to influence your thinking, he will.

Some think that if something happened a long time ago, it cannot be of consequence now. That is not the case. Imagine the enemy as a crooked lawyer scrutinizing your past life with a magnifying glass looking for any loophole he can find to get the influence he is looking for. It's a bit like what sometimes happens in the political arena when someone puts themselves forward to run for a high profile post. Immediately their political enemies and some elements of the media start raking over their past to see what dirt they can find to hold them back. What you are doing in The Steps process is denying the enemy any possibility of finding a way to hold you back by resolving anything he may come up with.

In each of these areas, you start by asking the Holy Spirit to bring to your mind any unresolved sin that might allow the enemy to hold you back by influencing your thinking. In this first step, the Holy Spirit may bring to your mind an occasion when you participated in using the ouija board as a bit of a game at school. Is that really a problem? Well, if you asked the Holy Spirit to show you what the issues are and

that came to your mind, it would be wise to assume that He has done just that and it is a problem. However, it really is straightforward to sort it out. You simply need to say something like, "I confess using the ouija board and I renounce it and take away any ground the enemy gained in my life." There is a prayer to use in The Steps book. Can just saying a few words really have any effect? If you mean them, they certainly can. Why? It's not the power of the words themselves so much as the power and authority of the one saying them — you are a child of God seated with Christ at the right hand of the Father! Your word carries weight.

This is similar to the way the early church acted. They would encourage people to say, "I renounce you Satan and all your works and all your ways." They would then specifically renounce every counterfeit religious experience they had, every false vow or pledge they made, and every false teacher or doctrine in which they believed.

We also need to look at our priorities and identify areas in our lives that have become more important to us than God. These are called 'idols'. Originally, the word referred to the false gods that the Old Testament Israelites were tempted to worship but our modern usage of the term is not so different.

Why were the Israelites tempted to worship Baal, a god of the Canaanites, for example? Because he was a fertility god and promised abundance in their crops as well as an opportunity for lust in fertility ceremonies. Is that so different to the idols we are tempted to worship such as material goods, money, and sex? The major difference, perhaps, is that it is easier for us to deceive ourselves that there isn't a problem.

### **Committing Ourselves To Truth**

We are in a battle for truth. It is a battle between the father of lies (John 8:44) and the Spirit of Truth (John 16:13) and it takes place in our mind. We have already seen the importance of committing ourselves to truth. This needs to be an ongoing attitude.

Satan's strategies against us are essentially three-fold. He can tempt us, he can accuse us, and he can deceive us. Of the three, deception is by far the most powerful because if we are deceived, by definition we do not realize it. It is not just Satan who sets out to deceive us. The world and the flesh have been doing that ever since we were born. We can also deceive ourselves.

The trouble is that deception, by definition, feels like truth.

In a way the whole steps process is about truth and lies. Most people come out of it with the ability to identify for the first time lies they have been believing and with a strategy to renew their minds.

## **Forgiving Others**

Anyone you forgive, I also forgive. And what I have forgiven — if there was anything to forgive — I have forgiven in the sight of Christ for your sake, in order that Satan might not outwit us. For we are not unaware of his schemes.

(2 Corinthians 2:10–11)

If you want to see demonic activity in the Western Church, the place to look would be in division among Christians. In my experience nothing keeps you in bondage to the past more than an unwillingness to forgive. Nothing gives Satan greater opportunity to stop a church growing than roots of bitterness, unforgiveness, and backbiting.

We saw in Session 7 that in order to avoid the torment (or “torture”) that comes from unforgiveness, Jesus says we need to forgive from the heart. What does it mean to forgive from the heart? It’s simply being emotionally honest about what was done to us and just how much it hurt us and how wrong it was. It certainly doesn’t mean saying a quick “I forgive so-and-so” and thinking it is dealt with. If we are truly going to forgive, we have to face the pain and the hate that we feel. We have to be honest with God.

In The Steps, we use this formula: “I choose to forgive [name the person] for [what they did or failed to do], because it made me feel [share the painful feelings, for example, rejected, dirty, worthless, inferior].” People are encouraged to be emotionally honest by telling God every hurt they remember and staying with it until they are sure it has all been put on the table. We have to let God lead us to the emotional core where the healing is going to take place.

I am not pretending that this is not painful or difficult. It is. However, this is not some kind of pointless exercise. It is done in order to resolve — completely resolve — this issue and get rid of the pain that we have been carrying around with us.

We cannot move on from the past until we forgive.

In no way is God asking you to sweep what was done under the carpet as if it did not matter. In fact quite the opposite. He promises that if you entrust the matter to Him, He will ensure that it is not swept under the carpet.

Look carefully at what He says:

Do not take revenge, my friends, but leave room for God's wrath, for it is written: "It is mine to avenge; I will repay," says the Lord. (Romans 12:19)

When you forgive, although you are letting the person off your hook, you are not letting them off God's hook. When you choose to forgive, you are taking a step of faith to trust God to be the righteous judge who will make everything right in the end by demanding full payment for everything done against you. Nothing will be swept under the carpet. God really will demand justice for everything that has been done against you. Everyone who sinned against you will have to stand before God and explain it — either it will be paid for by the blood of Christ if the person is a Christian, or they will have to face the judgment of God if they are not. "I will repay" — God will settle every account some day.

You can hand all of that pain and those demands for justice and revenge over to God safe in the knowledge that He will repay. Justice will be done. In the meantime you can walk free of it.

Of course, that is not to say that the consequences of what was done can always be changed. When we forgive we have to come to terms with that and agree to live with the consequences of someone else's sin. That is not fair — but we have no choice. We will have to do it anyway. The only choice we have is whether we do it in freedom or bitterness.

Conversely some spend time worrying about whether what was done to them really was wrong. They wonder whether they misunderstood or think of some other reason why the person might have been justified in what they did. I always try to discourage people from thinking that way. In fact forgiveness is not primarily about objective right and wrong. It's about clearing rubbish out of your life and walking away from it. If you felt offended, you need to forgive whether or not the person was actually in the wrong or not.

When people go through The Steps we suggest that they consider whether they need to forgive God. Of course, from an objective point of view God has done nothing wrong — He is perfect. However, it's perfectly possible for us to feel that He has done wrong to us — perhaps we had been praying for someone to get better and they died; maybe we cannot understand why He let circumstances unfold as they did. If we have felt offended by God, even though we recognize intellectually that He has not acted wrongly, we need to release those feelings. If you feel uncomfortable saying "I forgive you God" you could say something like, "I release my feelings of hurt against you God."

We also suggest that they consider forgiving themselves. Many people so regret things they did in the past and bad choices they made that they will not let them go. They forgive other people but they will not forgive themselves. When they finally make that choice to forgive themselves, they are simply catching up with the reality that God has already completely forgiven them and made them new creations in Christ.

I received this letter from someone who was taken through *The Steps To Freedom In Christ*:

We were led into a quiet time coming before God with a list of people we wanted to forgive. The Lord took me back to a time of great pain. Forty-one years ago I had a baby girl and was made to give her up for adoption. I had always blamed myself for not being strong enough to fight for her and keep her. As I was reliving this time in my mind the Lord asked me to forgive myself. I told Him I didn't know how to do this, it didn't seem enough to say the words.

The Lord then gave me a picture of the baby lying in a crib beside me; she even had a little bonnet on. He asked me to lift her out and put her into His arms, saying she was His and He would care and look after her always and now I could forgive myself.

I did as He asked and I know, without fully understanding, that a huge chain has been broken in the spiritual realms. God has given me freedom from the heavy guilt I had carried.



## Rebellion

What would you do if you discovered that someone in your church was a practicing witch? That would be an interesting question for your leaders — I dare say that they would not ignore the matter.

What would you do if you discovered that someone in your church was rebellious, for example criticizing leaders, refusing to follow those whom God had placed in leadership roles? That is possibly an even more interesting question because you may well be able to think of people like that in your church already!

Here is an interesting verse in that context: "For rebellion is the same as witchcraft" (1 Samuel 15:23). In God's eyes, rebellion and witchcraft are pretty much the same thing, certainly in their degree of seriousness.

It's worth reading that verse through a few more times and pondering it. Because it does not seem to us as if witchcraft and rebellion are on a par. But God says they are.

The reason that rebellion may not seem that serious to us is because our view is easily colored by the world and, in our society, rebellion is the norm. There is a general lack of respect for those in government, for example, yet the Bible is clear that God established all governing authorities and requires us to be submissive (Romans 13:1–5; 1 Peter 2:13–17). Christians are often as guilty as the rest of society in harboring a rebellious spirit.

Of course, those that overstep the bounds of their authority do not have to be obeyed. We need submit only to authorities that act within their God-given boundaries. However, when they are doing that, our responsibility is to submit whether we agree with them or not.

When you choose to submit to a law that you regard as nonsensical (a speed limit perhaps) or a wife chooses to submit to a husband whom she knows is less than perfect, it is an act of faith in God. We are trusting God to protect us. He does not simply want us to submit outwardly but is looking for a sincere submission from the heart to those He has placed in authority over us.

When I think of submission I think back to when I was a child and I used to have mock wrestling fights with my father. When I had had enough I had to shout "I

submit." In other words "I submit" was an admission of failure, of weakness. But for Christians submission is always a choice. God never forces us to do it. The ultimate example of a life of submission is Jesus himself:

During the days of Jesus' life on earth, he offered up prayers and petitions with fervent cries and tears to the one who could save him from death, and he was heard because of his reverent submission. (Hebrews 5:7)

Choosing to submit to the authorities God has set up is a sign of great strength of character. Rebelling against God and the authorities He has set up is sin. It's a serious matter because it gives Satan an opportunity to attack. It is, therefore, in our own interests for our own spiritual protection, that we make the choice to live under the authority of God and those He has placed over us.

### **Pride**

Here is a chilling verse from the Old Testament: "For though the LORD is high, he regards the lowly, but the haughty he knows from afar" (Psalm 138:6 ESV). God keeps His distance from the proud. If we are proud we will not hear His voice, we will not know His closeness. Pride is basically about thinking we can manage our own affairs without help from God or anyone else. If that is our attitude, God lets us get on with it. He knows that sooner or later we will discover the truth.

Trust in the LORD with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths. Be not wise in your own eyes; fear the LORD, and turn away from evil. (Proverbs 3:5-7 ESV)

When we recognize the truth of how things are, we will know that we cannot accomplish anything of value on our own. We will turn to God in complete dependence. We will live in humility. We may have the impression that humility means being a doormat, allowing others to walk all over us. That is not a good definition. Paul said, "we put no confidence in the flesh" (Philippians 3:3) and that is a much better definition. We put no confidence in ourselves but choose instead to be "strong in the Lord, and in the strength of His might" (Ephesians 6:10). Being humble does not mean being a doormat. It means putting our confidence in God where it belongs.

Pride is the original sin of the devil. It sets one person or group against another — prejudice and bigotry are forms of pride. We hate to admit that there may be prejudice or bigotry in our hearts but it's another area where we need to come clean and be honest with God so that Satan does not gain any advantage in our lives.

### **Sin-Confess Cycles**

All of us, including the Apostle Paul, know what it's like to be caught in a sin-confess cycle. Paul describes it like this:

I do not understand what I do. For what I want to do I do not do, but what I hate I do. And if I do what I do not want to do, I agree that the law is good.  
[Romans 7:15–16]

You would be hard pressed to find a better description than that of what it feels like to be in bondage to sin. Here is someone who knows what is right and wants to do what is right but for some reason just can't. Paul, however, learned to resolve them. He says that what he calls "the law of sin and of death" still pulls us toward sin every day but we have access to a greater law, a more powerful law, "the law of the Spirit of life in Christ Jesus." Normally we cannot fly because the law of gravity prevents us. However, when we get into a plane, we find we can fly. The law of gravity has not been suspended but we overcome it by a greater law, that of aerodynamics and the forward thrust of the engine. Although the law of sin and death is still working, we have access to a greater law and can fly above sin and death by the power of the Spirit of life.

Although it feels as if there is nothing we can do to get out of the predicament, the truth is that we do not have to let the flesh rule. If we have allowed sin to reign in our bodies, we can put a stop to it. Addictions are particularly deep-rooted sin-confess cycles. Like other strongholds, they usually start as coping mechanisms. Very often they are used to cope with emotional pain. Like any other sin, however, we can expect to see them completely resolved in Christ.

Sometimes it is enough for an addict to understand who they are in Christ. Once you realize that you are simply a product of Christ's work on the cross and not a product of the past, much of the pain of past experiences is taken away. Usually, however, it is necessary to do more work but the approach is the same as for other sin-confess cycles.

I have seen Christians kick addictions to binge-eating, anorexia, drugs, alcohol, and other things through understanding their identity in Christ, then submitting to God and resisting the devil. I have every admiration for Alcoholics Anonymous and the great work they do. However, I have come to realize that if it's a Christian who has the alcohol issue, although they very much do need to own up to the problem, it is not necessarily helpful for them to identify themselves as "an alcoholic" as if that were part of their identity. The truth is that they are not an alcoholic — their fundamental identity is that of a child of God. A correct assessment would be to say that they are a child of God with an alcohol problem. That problem can be fully resolved in Christ. They do not have to drink. Instead they can be filled with the Spirit. The alcohol problem is not part of who they are. In fact it goes right against who they are — in drinking to excess they are acting completely out of character.

Here is the story of a Christian who had been struggling with smoking:

I had had numerous failed attempts at stopping smoking since I'd restarted again but I couldn't even last 24 hours. I was extremely embarrassed that I smoked, especially as I was leading so many Freedom Appointments and yet wasn't walking in complete freedom myself.

Anyway, last May I sat down with God. I had sussed out that when I thought about certain people or events, or anything sometimes, I would get what felt like a physical sensation inside which was extremely unpleasant, a bit like dread and fear and loss, and which smoking got rid of instantly.

I've been taught well by Freedom In Christ and know that what I'm thinking about will have a direct impact on my feelings so I knew it was to do with my thoughts and the battle for my mind. So I asked God about His advice to take every thought captive in obedience to Jesus. The way I'm wired, to be able to do something I need to be able to understand what He means. So I asked Him what He meant.

He said, "If you were in the army and you caught an enemy, you wouldn't take him back to your quarters and sit him in the corner of your room and have a chat with him. No, what you'd do, without hesitation, would be to take that enemy to the place your Commanding Officer had designated for him. Well, you're in My army and your Commanding Officer is Jesus, so all that is required of you is for you to obediently take every captured thought to Jesus and He'll

deal with them.” And it was that simple. I soon became very aware of what was going on in my mind whereas before I let it wander around all over the place. I put a kind of mental butterfly net in there and could almost see myself catching thoughts and then I’d say something like, “Jesus, I’ve caught these thoughts and I’m giving them to You obediently,” and within seconds the feelings that had risen up in me were replaced with peace and the desire to grab a cigarette was gone. Often when the battle was really intense, I didn’t feel like I was doing much else than catch thoughts but as I did my part, God did the miracle bit. I’ve no idea how He did the miracle bit but together we did it, and I’ve not smoked for over 13 months. Praise Him!

### **Sexual Sin**

Flee from sexual immorality. All other sins a man commits are outside his body, but he who sins sexually sins against his own body. Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body.

[1 Corinthians 6:13–20].

We have more than just a spiritual union with God. Although they are temporary, our physical bodies are spiritually significant. In fact, our bodies are “members of Christ himself” and “a temple of the Holy Spirit.” Sexual sin defiles God’s temple.

What happens when a child of God (united with the Lord and one spirit with Him) also unites with a prostitute and becomes one with her in body? They become “one flesh” — they are bonded together. This bonding mechanism is a gift from God created specifically for a marriage relationship whereby a man and woman commit themselves to each other before Him. Using it outside that relationship, either with a prostitute as in Paul’s example or with anyone else, has consequences — a spiritual bonding takes place.

What does that mean in practice? As you would expect, like any other sin, sexual sin gives the enemy a foothold that he can use to gain influence in our minds. However, it seems to do more than that. It can serve to draw us back to the same person or to the same sin again and again.

How many times have you come across someone who is clearly unhappy in a sexual relationship outside marriage and wants to break it off but somehow never can, or, even if they do, end up going back to a partner who they know is going to mistreat them in some way? They are bonded, they are one flesh. There would still be a hold and a pull back even if they did manage to break the relationship.

We can, however, take back ground that we have given to the enemy. Even when we have defiled God's temple, in His grace He can make us completely pure again. We need to close the doors we have opened to the enemy and break any sinful bonds that we have formed. We can then present our bodies back to God as living sacrifices, committing, as far as sexual activity is concerned, to reserve them exclusively for marriage.

If you are not married, keep your body as a gift for your future spouse should God provide one for you. You are too special to allow it to be defiled.

The wonderful thing is that no matter how many past sexual experiences you may have had or what they were, Christ resolves them completely. You are no longer dirty or unacceptable.

### **Inherited Consequences Of Sin**

The Bible is clear that the consequences of sin (not the guilt for them) pass down generations. In other words, we can inherit vulnerability to a particular sin from our parents and more distant ancestors in much the same way that we have all inherited the consequences of Adam's sin.

This is another area which the Western worldview predisposes us to overlook because it is not within our experience. The result of that is that it is all too easy to leave these spiritual vulnerabilities in place when they could be dealt with straightforwardly.

None of us has any difficulty recognizing that we have a genetic inheritance from our ancestors. Our genes determine our physical characteristics and, according to scientists, can determine our vulnerability to certain character traits. It is claimed, for example, that certain gene combinations make it more likely that someone will become an alcoholic. However, nobody claims that they make this inevitable. Personal choice is ultimately more important than the genes.

We also recognize that the environment we were brought up in has a significant effect on our character and values. As Jesus said, "A student is not above his teacher, but everyone who is fully trained will be like his teacher" (Luke 6:40). That too is something that we inherit from past generations and something that we can choose to perpetuate or not.

As in many areas of life, the same principles that apply in the physical realm apply in the spiritual realm too. There are many places in the Old Testament that explicitly outline the principle of consequences of sin passing down generations, the most significant being in the Ten Commandments themselves:

You shall not make for yourself an idol in the form of anything in heaven above or on the earth beneath or in the waters below. You shall not bow down to them or worship them; for I, the Lord your God, am a jealous God, punishing the children for the sin of the fathers to the third and fourth generation of those who hate me, but showing love to a thousand generations of those who love me and keep my commandments. (Exodus 20:4-6)

God blesses obedience to a thousand generations but, in His grace, allows the effects of sin to pass down only three or four generations. Yet it is clear that they do pass down. Paul explains that positive spiritual blessings pass down from Christian parents to children (1 Corinthians 7:14-15). This is an example of the same principle operating but with a good spiritual heritage rather than a bad one.

But, some may say, didn't Jesus deal with our sin at the cross? Yes. He dealt with our guilt. But we never were guilty for the sins of our ancestors — each person is responsible for their own sin. But that sin may cause consequences for others in much the same way that someone who was physically harmed by a mugger may walk with a limp — they were not guilty for that sin but they suffer the consequences.

Each one of us, then, is born with genetic, environmental, and spiritual dispositions. These can be good or bad. We need actively to take a stand against the bad elements of our inheritance otherwise we simply leave them in place and they remain effective. In particular, we need to take steps to deal with any footholds of the enemy that we inherited as a result of past sin in order to make sure the enemy cannot hold us back.

Given that in Christ we have much more spiritual power and authority than the enemy does, this is not a difficult issue. We simply ask the Holy Spirit to make us aware of what the issues are and then actively renounce them.

It is simple and straightforward but for some people it makes an enormous difference. A good friend of mine began experiencing headaches and severe spiritual "interference" during The Steps process. He sensed that the Holy Spirit was saying that there was Freemasonry (which is steeped in the occult) in his family background. As soon as he renounced it, the interference and headaches stopped.

I can think too of a Christian couple who had some issues in their marriage. He had already been married twice before and, as he looked back at his family line, he realized that on both sides of his family as far back down the generations as he could remember there was divorce. As he came to renounce divorce, he experienced real spiritual opposition and struggled even to say the word. However, as soon as he had, the opposition disappeared. He realized that he had entered his present marriage with something of a caveat — "well, if it doesn't work, we can always get divorced." Afterward, he and his wife renewed their wedding vows and have gone on to maintain a firm emphasis on "till death us do part" in their now strong marriage.

This is one area that most of us simply have never had any teaching on. The result is that we leave the enemy some ability to hold us back when we don't have to. So, you have an exciting opportunity to deal with any area in your life where the enemy may be holding you back. Remember, the effects of that will show up in our mind and, because he is the master of deception, we probably do not even recognize them. It is only when we humbly come to God and ask Him to reveal to us what the problems are, that many of them become apparent for the first time.

The good news is that *The Steps To Freedom In Christ* process is a kind, gentle, and usually matter-of-fact process that helps us to exercise the amazing spiritual authority we now have and deal with them.

There is nothing too big for you and God!